



10.06.2019  
Issue 2



# Welcome!

## OUR SECOND NEWSLETTER

Welcome to our second **Cassidy Medical Centre Newsletter** specifically designed to inform and update patients about important events, changes and information every 3 months. We hope you find this newsletter to be beneficial. Enjoy your read!

### Patient Feedback

At Cassidy Medical Centre, we always strive to provide an excellent service for our patients from the reception team to the clinical team.

We are incredibly proud of our 5 star rating on [www.nhs.uk](http://www.nhs.uk) and the excellent patient reviews we have received on Google.

If you have received great service from our team, we would appreciate it if you could leave us a review using the following links:

NHS user: <https://www.nhs.uk/Services/GP/LeaveReview/DefaultView.aspx?id=44156>

Google: <https://tinyurl.com/cassgooglereview>

### Patient Participation Group Meeting

We have our next patient participation group meeting on **Thursday 13th June at 3pm** at Cassidy Medical Centre

Patient participation group meetings are a great opportunity for patients to be actively involved with and support the medical centre

Please join us for our next meeting!

To confirm your attendance, please call reception on: **02073844850**



The screenshot shows the Cassidy Medical Centre profile on the NHS website and Google. The NHS profile displays a 5-star rating based on 123 reviews, with a 'Leave review' button. Below this, there are tabs for Overview, Services & clinics, Facilities, Staff, FAQ, Performance, Contact, Reviews and ratings, and Leave review. A 'Ratings' section shows a 5 Stars rating with five yellow stars. A table below lists various service categories with their respective ratings: Telephone access (4.5 stars), Appointments (4.5 stars), Dignity and respect (4.5 stars), Involvement in decisions (4.5 stars), and Providing accurate information (4.5 stars). The Google profile shows a 4.0 star rating based on 121 reviews, sorted by newest. It features several individual reviews from patients like Laici Ward, Zuo Zhang, and Kiki's Kave, each with a star rating and a 'Like' button. A response from the owner is also visible, thanking a patient for their review.



### TEAM CASSIDY:

#### Clinical Team

- Dr. Mostafa Salmani
- Dr. Ahmed Hamza
- Dr. Karin Kadlecikova
- Dr. Marija Doko

#### Reception & Admin Team

- Tony Sheikh
- Zoe Samuels-Byfield
- Roberta Treica
- Bradley Arnold

#### New Faces

- Mohammad Dean Mungroo  
**Assistant Practice Manager**
- Salma Khanom  
**Reception/Admin**
- Abrar Ahmed  
**Reception/Admin**
- Raquel Baranano  
**Practice Nurse**
- Wiam Haddani  
**Practice Nurse**
- Laila Osman  
**Healthcare Assistant**

#### Goodbye and Good Luck to:

- Maria Moore  
**Healthcare Assistant**
- Sarah Bangura  
**Practice Nurse**
- Zaharia Omar  
**Reception/Admin**

# Focus This Quarter

## Bowel Cancer Screening

NHS bowel cancer screening is only offered to patients aged 55 or over, however if you are younger than 55 and worried about a family history of bowel cancer, you can speak to our GPs for advice

- If you're 55, you'll automatically be invited for a one-off bowel scope screening test
- If you're 60 to 74, you'll automatically be invited to do a home testing kit every 2 years
- If you're 75 or over, you can ask for a home testing kit every 2 years by calling the free bowel cancer screening helpline on 0800 707 60 60

Contact the medical centre immediately to book a GP consultation if you have symptoms of bowel cancer. Common symptoms of bowel cancer include: **persistent change in bowel habit, blood in the stools without other piles symptoms, abdominal pain, discomfort or bloating always brought on by eating**

## Breast Cancer Screening

Women in England who are aged from 50 to their 71st birthday and registered with a GP are automatically invited for screening every 3 years.

You may be eligible for breast cancer screening before the age of 50 if you have a very high risk of developing breast cancer

If you think you may have an increased risk of breast cancer because you have a family history of breast cancer (female or male) or ovarian cancer, contact the medical centre to book a GP consultation so you can be referred to a hospital high-risk clinic

Joan Brown, 80, cancer survivor

**1 in 3 women who get breast cancer are over 70, so don't assume you're past it.**

A lump isn't the only sign of breast cancer. If you're worried about any changes to your breasts, tell your doctor straight away. Finding it early makes it more treatable and could save your life.

**BE CLEAR ON CANCER**

## Diabetes

Diabetic reviews and High Risk Diabetic Reviews include a blood test for glucose levels, foot checks as well as other important tests

We text all patients who are eligible for a diabetic review. Patients who receive a text message should contact the medical centre to book a review with the Healthcare Assistant

Contact the medical centre as soon as possible to book a GP consultation if you experience the main symptoms of diabetes, which include: **feeling very thirsty, urinating more frequently, feeling very tired, weight loss, blurred vision**



## Cassidy Medical Centre

### Opening Hours

Monday	8:00am – 8:00pm
Tuesday	8:00am – 8:00pm
Wednesday	8:00am – 8:00pm
Thursday	8:00am – 8:00pm
Friday	8:00am – 8:00pm
Saturday	9:00am – 3:00pm
Sunday	9:00am – 3:00pm

Cassidy Medical Centre  
651A Fulham Rd, Fulham, London  
SW6 5PX  
020 7384 4850



**AT MEDICS**  
IMPROVING HEALTHCARE. IMPROVING LIVES.

**Let's be clear.**  
If for the last 3 weeks you've had blood in your poo or it's been looser, tell your doctor.

**BE CLEAR ON CANCER**

## Cervical Screening

Cervical screening checks the health of your cervix and is a vital test to help prevent cervical cancer. Missing your smear test can be fatal— there were 854 deaths from cervical cancer in England in 2016.

We text all patients who are eligible for a smear test. Patients who receive a text message should contact the medical centre to book a smear test with the Practice Nurse.

## When you'll be invited for cervical screening

Age	When you're invited
under 25	up to 6 months before you turn 25
25 to 49	every 3 years
50 to 64	every 5 years
65 or older	only if 1 of your last 3 tests was abnormal

**A smear test lasts 5 minutes.**

The impact of cervical cancer lasts a lifetime.

Attend your smear test. Reduce your risk.

Jo's cervical cancer trust  
Call our helpline: **0808 802 8000**  
Find us online: [jostrust.org.uk](http://jostrust.org.uk)

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